FOOTBALLISTIQ

WHEN TOO MUCH FOOTBALL IS BARELY ENOUGH

THE NEWSLETTER OF THE NEW LAMBTON FOOTBALL CLUB JUNIORS



FEBRUARY 2023

NEW LAMBTON FOOTBALL CLUB JUNIORS - OUR VALUES, VISION AND MISSION

New Lambton FC Juniors has adopted a set of values to guide Club behaviour:

1. **Wellbeing:** We develop and promote a safe and supportive environment
2. **Excellence:** We strive for quality and improvement in everything we do
3. **Integrity:** We know and do what is right
4. **Respect:** We respect diverse views and opinions and act with integrity, and treat others as we expect to be treated

Our WEIR values (Wellbeing, Excellence, Integrity and Respect) underpin everything we do as a Club, as well as how we expect all our players, volunteers and others to engage with one another and the community.

Our Values help set our Club's Vision and Mission Statement.

Vision

For New Lambton FC Juniors to be the leading and most respected local community football club and to support and promote football to ensure it is the largest and most popular sport for males and females.

Mission

1. To provide for all our members a Club run to the highest standard, without limitation as to age, race, religion or gender.
2. To improve the publicity of, and public perception of, amateur football at the Club level, so as to foster the continued prosperity of the sport.
3. To encourage and assist new and current players wishing to participate in organised amateur football.
4. To provide high-quality facilities for the benefit of all our members and the wider community.
5. To provide a progression pathway for all our members, from grass-roots through to the highest level of football available.
6. To do all these things whilst having regard for the amateur nature of our membership, and therefore keeping Club / Player costs at the lowest possible level.

New Lambton FC Juniors understands the value of diversity, equity and inclusion and expects its members to treat each other and members of the community with dignity and respect. We are committed to creating an inclusive Club culture where everyone feels respected, valued and safe to contribute their opinions and talents to the success of the organisation so that we can drive positive community outcomes.

We value diverse styles, experiences, and perspectives. People from diverse backgrounds (including but not limited to, Aboriginal and Torres Strait Islander Australians, people with diverse gender identities and sexualities, people from different cultural and linguistic backgrounds, people with disability, and veterans) are welcome!

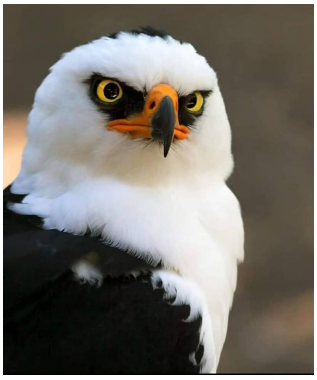
NOTE FROM THE EDITOR

Welcome to the February 2023 edition of the New Lambton FC Juniors Newsletter FOOTBALLISTIQ!

Our Club has always been one of the largest and strongest Clubs in the area, and we are continuing to strive to bring all our NLFCJ family the best football experience possible.

In the off-season your Committee has been working hard to make sure the coming season is one of the most memorable - and we think we may have just done that!

Cheers and all the best.



UPDATE FROM THE FEBRUARY COMMITTEE MEETING

The NLFCJ February Committee meeting was well-attended, and the following matters were discussed:

1. Club Infrastructure Priorities and Grant Funding. We have been successful with the following Grants:

- Training Gear
- Storage Area Upgrade
- Tiered Seating (x 6)
- Change Room Upgrade (pending)

It should be acknowledged that the majority of these grants are funded by the NSW Government.

2. Registrations. Registrations are well and truly underway, and we have had a fantastic response from existing members and new players.

3. Raffles. As a way of raising funds for the Club, we are going to commence online raffles. Tickets will be available from our Club website, our Club Raffle website, our TeamApp page, our Facebook page and from our Canteen on game days. Prizes will be a range of football and non-football items, including memorabilia and other items. Stay tuned!

4. NLFCJ Sponsors. Many of our valued supporters, sponsors and partners for the 2023 season have already been confirmed, and include:

- Access Solutions
- Adam’s Meats
- BG&E Resources
- Laser Plumbing
- Macquarie Physiotherapy
- McGrath Real Estate
- Sportsclique

There are more to come, so please stay tuned!

5. Canteen. In the off season the Committee undertook a mini-review of the canteen operations, and we have made some small improvements that we hope you will like. We have increased our food range and implemented a new “standard” for the way we do things.

6. Merchandise. We have introduced a new range of Club merchandise that is more appealing to the wider membership base. This should be available prior to the commencement of the season.

SUMMER EDITION SURVEY

Our summer Quarterly Club Survey provided a number of key recommendations, the status of which are as-follows:

RECOMMENDATIONS

1. Review training needs and other options for coaches, referees and general volunteers. **This has been completed, and we are in the process of scheduling pre-season sessions for coaches, managers and referees. ALL volunteers shall have a minimum Club Induction.**

2. Implement minimum training standards for coaches and referees, including developing specific Development Action Plans. **DAP's have been developed for coaches and referees, and are available on the Club website:**

REFEREE RESOURCES

COACHING RESOURCES

MANAGER RESOURCES

3. Review upgrades to playing and storage facilities, and incorporate into the current Facility Project Plan, Operational Plan and Strategic Plan. **This is complete and all plans are available on the Club website:**

GOVERNANCE DOCUMENTS – New Lambton Football Club Juniors

4. Review the team training gear allocation, and develop a Team Training Gear Guideline. **This is complete, and can be found on the Club website:**

Our Team Size, Gear Allocation and Equipment Distribution Guideline

Our Training Protocols Policy

5. Review wet weather options, including developing a Ground Closure Guideline. **This is complete, and a copy is available on the Club website:**

WET WEATHER

6. At least one representative from each team to attend the committee meetings, so there can be clear communication and collaboration between individual teams and the Club committee. **A requirement that we have now implemented.**

GIRLS COME AND TRY DAY

Calling all local girls who'd like to try football!

We're running a Girls "Come and Try" afternoon Friday 17/2 - current and future players are welcome to attend.

This is AIMED AT GIRLS AGES 4 - 9 and is particularly suitable for our girls aged 4 - 6 who've just started Kindergarten and are thinking if they'd like to give football a go.

Register to let us know you are coming!

Feel free to share with interested friends and family and get them to register at https://forms.gle/9WBukhuA4YNhWVrb7

REGISTRATION

What are the dates for registration?

Registration is **NOW OPEN** for all players.

How do I register?

Registration is undertaken online at Play Football Full payment must be made at the time of registration.

Can I use the NSW Government Active Kids voucher?

For program details and voucher application please refer to the Active Kids website Active Kids | NSW Government

What is Muster Day?

Muster Day is for our junior teams to get together, be provided with important club information and make team decisions including team coach, team manager and training preference.

When: Sunday 19th February 2023

Where: St Therese's Primary School Hall, New Lambton. Please enter via gate on Royal Street (no other gates will be open)

Who: All junior players U6-U18 in Miniroos / Interdistrict

Specific Times for Each Age Group:

- U6's: 9:00am
- U7's: 9:30am
- U8 / 9's: 10:00am
- U10 / 11's: 10:30am
- U12 - U14's: 11:00am
- U15 - U18's: 11:30am

What teams do female players play in?

Female players are able to play in either mixed teams or girl only competitions.

New Lambton FC currently fields girls only teams in each available age group.

What age group will my child play in?

The age a child is turning in the calendar year determines their age grouping.

The minimum age for a player is turning 5 by 31st December 2023.

Players may play in an older age grouping, but they cannot play in a younger age grouping.

Who will coach my child?

Teams are coached by a volunteer community coach, which is generally a parent / guardian, older sibling or family member.

The coach for the season will be decided upon at Muster Day.

At times the Club will organise and run programs involving coaches from senior teams or external professional coaches.

We encourage all parents / guardians to consider becoming a coach - it's fun and rewarding!

No previous experience is required. Assistance is provided with coaching courses and online resources.

What are the responsibilities and expectations of parents / guardians of players?

As a volunteer club we rely on all our player members and their parents / guardians to provide volunteer support to the running of the club.

In 2023, each team is asked to identify the following volunteers:

- 1 x Coach,
- 1 x Manager,
- 1x Game Day Helper,
- 1 x Committee Representative.

Each team will be rostered for periods of ground duty over the season which will involve duties such as field set up, canteen assistance, BBQ, field and field pack up.

The Game Day Helper will coordinate field set up / pack up and Duty Officers at home games.

We ask the team to have a committee representative to be available to attend our monthly committee meetings.

Parents / guardians must keep their team manager and coach informed of player absences.

It is an expectation that players attend training and matches on a regular basis.

All parents / guardians and players are expected to comply with our Code of Conduct.

When and where will teams train?

The day and time your team trains will be decided in consultation with your team coach within the club's age training guidelines.

This will be determined at Muster Day.

We have access to Novocastrian and Regent Parks for training.

Teams will commence training prior to season commencement and the start date will be confirmed with your team coach.

Where and when are matches played?

Teams participate in competitions involving other clubs in the Newcastle, Lake Macquarie and the Hunter Valley region.

This draw will be organised by Newcastle Football.

Away games will occur at the other club's home ground.

Our home games generally occur at Novocastrian and Regent Parks.

U6 - U11 games are held on Saturday mornings.

U12 - U18 mixed competitions matches are held on Saturdays.

U12 - U18 Girls competition matches are conducted on Sunday mornings.

When does the season commence and finish?

The 2023 season commences on the weekend of the 21st / 22nd / 23rd April 2023 and runs to early August.

U12+ competition teams may be involved in the final series which will run until early September.

What gear and equipment do I need to purchase?

As part of the registration fee each player will receive socks, shorts and playing shirt prior to season commencement.

Each player will need to provide their own shin pads and football boots.

Where can I find more information?

NLFCJ Website: New Lambton Football Club Juniors

OUR SOCIAL MEDIA CHANNELS

TeamApp shall continue to be the Club's main point of contact with all our members and volunteers - but check these out!

TeamApp: https://newlambtonfcjuniors.teamapp.com/dashboard?_detail=v1

Facebook: https://www.facebook.com/profile.php?id=100087312821848

Website: New Lambton Football Club Juniors

Instagram: https://www.instagram.com/newlambtonfcjuniors/

Twitter: https://twitter.com/nlfcjuniors

WOMEN IN FOOTBALL SCHOLARSHIP PROGRAM

We believe diversity and inclusion are our biggest strengths – that's why we want more women in non-playing roles.

The Women in Football Scholarship Program has been launched to help break down barriers to female participation and increase representation of women and girls in football.

The scholarship program upskills women in non-playing roles and enhances female voices within the football community.

The program includes referee, coach and volunteer education and development.

The referee education and development includes all-female level three and four referee courses, all-female level three assessor courses, a regional match official development program and match official camp scholarships.

Link: Women in Football Scholarship Program

CLUB INFORMATION

The Club Committee understands that there are many questions about the season ahead, including what we do and how we do it and what are the expectations on volunteers, coaches, managers, etc.

Many of these questions shall be addressed on our Muster Day and also as part of the specific Coach, Manager and Referee sessions we will hold in the pre-season.

In the off-season we have put a significant amount of resources into developing guidelines and other documents to ensure that we can keep everyone informed, and we are consistent in our approach in everything we do.

We invite each member of our NLFCJ family to visit our website, and take some time to look through our extensive library of documents - we are sure that most if not all of your questions will be answered on our website.

If not, come along to one of our Committee meetings, or send us an email.

CLUB COMMITTEE MEETINGS

Our Club is run by a committee which is made up of volunteers who are committed to the ongoing success of this Club – your Club, our Club.

We would like to take this opportunity to invite you to come along to the regular monthly Club committee meetings to see what we do, maybe consider volunteering for the Club or joining the committee and help us run the Club for the participants (mostly children) and future generations.

Without volunteers and a committee the Club cannot operate.

If you think you have something to offer the committee, want to have a say, or are just interested in how the Club is run please think about joining…or just attending a meeting.

You are welcome at any committee meeting (we have them set up as individual Events in TeamApp), and we would very much like to see you all.

Attending the meetings is a great way to get to know the committee and you may find that there is something that you can help us with.

For details on how you can be a part of this coming season, please RSVP on TeamApp and come along to a meeting or for more information email Dave Thomas: vicepresident@newlambtonfcjuniors.org.au

Some myths dispelled about being a volunteer or on the committee at New Lambton FC Juniors:

1. You have to do a lot of work.

You do not have to do anything more than have an hour or so to listen and share your opinion with others. Each meeting the agenda is set with items that have come up in the previous month and they are discussed and decided on then and there. It is up to the President or appointed

committee members to do the research and ground work with any proposal.

We are hoping to establish various sub-committees to help focus on specific projects and tasks. Volunteer help will be essential for this and we would appreciate any assistance or input in these matters.

2. You have to give a lot of time.

No. The committee meets once a month to discuss Club business. Any commitment outside the meeting is up to the individual. You can help as little or as much as you are able. We recognise that everyone is busy and have a lot of commitments and the committee endeavours to share out workloads and work around everyone's schedules.

3. You have to commit to help with everything.

This is not true. You are only expected to give as much time as you are able to manage. After all it is a voluntary position. The meetings are designed to make decisions and if you are able to assist then that is great, if not, your assistance in helping to come to the decision is just as valuable.

If you can spare time to help with game days, working bees, Club events either as a volunteer helper or committee member it is always much appreciated.

4. I'm a mum, dad, carer, step-parent, etc and mums, dads, carers, step-parents, etc don't go to meetings like that.

That is definitely not true. We have had all people in the past volunteer for us and / or hold office bearer positions. Everyone has a lot of things that they can contribute and you should not feel that you cannot attend or be a volunteer. The committee welcomes any family members, caregivers, parents, grandparents…it is your Club too!

If you have not come along to a committee meeting, volunteered or joined the committee for any of the reasons above then please think about it and give it a go.

CLUB VIRTUAL NOTICEBOARD

We have implemented a "Virtual Noticeboard".

This is a community service provided for the use of Club members who want to deal with Club members, and is for private party adverts only.

It may be a message, something to sell or wanted.

Please be aware that we reserve the right not to publish advertising that we consider inappropriate or not in the spirit of the "Virtual Noticeboard".

If you wish to have something placed on the "Virtual Noticeboard" please email footballistiq@newlambtonfcjuniors.org.au by the 5th of the month, with the following information:

- Name:
- Phone:
- Email:
- Wording (max. 50 words)

VIRTUAL NOTICEBOARD

WANTED: As part of the Club's priority project progression, we need someone to draw some accurate and conforming scale plans of the proposed Novocastrian Park facility upgrades. If you think you can help please contact the Club Vice President, Dave Thomas, on 0429 994 343 or vicepresident@newlambtonfcjuniors.org.au

OUR VALUED SUPPORTERS, SPONSORS AND PARTNERS

SPORTS CLIQUE AUSTRALASIA

Adam's FAMILY MEATS

McGrath

MACQUARIE PHYSIOTHERAPY

Access Solutions NSW Pty ltd
disability access consultants

Laser
Plumbing & Electrical

BG&E
RESOURCES